

Caring for patients with mental health problems is our mission. It is what we are most proud of and we carry it out in an exceptional way. Our staff are carefully selected and very dedicated; our facilities thoughtfully designed and 100% of our services are dedicated to psychiatric care and treatment.

## Mental Health Programs

- Inpatient treatment
- Electro-convulsive therapy (ECT)
- Rapid admission and assessment
- Depression
- Anxiety disorders
- Mood disorders
- Borderline personality disorder
- Addiction
- Eating Disorders Program
- Transcranial Magnetic Stimulation

## Outpatient Programs

- “SHADES” - Self help, Anxiety & depression education sessions
- Bipolar disorder program
- Living Well Day Program
- Mindfulness based cognitive behavioural therapy
- Dialectical Behaviour Therapy
- Relapse and Maintenance Support programmes for addictive behaviours
- Acceptance and Commitment Therapy (ACT)
- Post-Traumatic Stress Disorder (PTSD) program for Veterans, Defence Personnel and First Responders
- Outreach service for community care
- Trauma recovery program
- Art Therapy

Admissions & Enquiries call:

**03 5240 0741**

24 hours / 7 days

## Consultant Psychiatrists

All Psychiatrists treat general psychiatric disorders as well as any special interests listed.

### Dr Eseta Akers

Mood & Anxiety Disorders, Women's Health, Psychotherapy  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0777

### Dr Murray Anderson

Mood Disorders  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

## Consultant Psychiatrists

### Dr Cyril Been

Mood Disorders, Depression (Adult & Geriatric), PTSD  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Prof Michael Berk

Mood Disorders, Bipolar  
98 Townsend Road, St Albans Park VIC 3219  
T 03 4215 3320

### Dr Raymond Bruozis

Mood Disorders  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Sharada Devarakonda

Addictive Behaviours, Anxiety & Mood Disorders and Women's Health  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0777

### Dr Bihan Don

Mood disorders, anxiety disorders, PTSD, psychosis and mental disorders in pregnancy and postpartum  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Bo Egan

98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Louisa du Toit

General Adult, Anxiety & Mood Disorders  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0777

### Dr Russell Golden

Eating Disorders, Anxiety & Mood Disorders, PTSD, Psychotherapy  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Scott Hall

Chronic Pain, Personality Disorders, Consultation/Liaison Psychiatry, Psychosomatic Medicine, Psychosis  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Harry Hill

98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Ewa Janowska

Mood & Anxiety Disorders, Women's Health  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0777

## Consultant Psychiatrists

### Dr Jenny Majoor

General Adult  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Monique Mason

Pre Natal Psychiatry  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Gerald Mathews

Adult Mood Disorders, Geriatric Psychiatry  
35 Swanston Street, Geelong VIC 3220  
T 03 5229 0130

### Dr Catherine Maud

Mood & Anxiety Disorders, Women's Health & Neurodevelopmental Disorder (ASD/ADHD)  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0777

### Dr Steve McConnell

Mood Disorders, Early Intervention, Adolescents  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Simon Mitchell

Old Age Psychiatry  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Jeanette Mohr

Pre & Post Natal, Psychotherapy, Mood & Anxiety, Disorders in Women  
125 Bellarine Street, Geelong VIC 3220  
T 03 5221 8870

### Assoc. Prof Steven Moylan

98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Peter O'Keefe

Eating Disorders  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0777

### Associate Professor Ajeet Singh

TMS, Early Memory Loss, Mood Disorder  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Rowena Sycamias

98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0789

### Dr Edmond van Ammers

Anxiety & Depression, PTSD  
98 Townsend Road, St Albans Park VIC 3219  
T 03 5240 0777

# Referral process for Inpatient Admission

- 1** Phone Intake on **03 5240 0741**
- 2** **Intake Clinician will require:**  
Patient's name | Address | Contact numbers | Health Insurance details | Date of Birth  
Outline current issues | Current regime | Previous treatments | Any risk history or potential risk factors  
**Fax referral letter to: 5248 4767 or 5248 0464**
- 3** **Referrals for Admission**  
Intake clinician will contact duty Psychiatrist, Registrar, or Manager of specialist program to discuss referral
- 4** **Intake clinician will contact patient**  
Any additional information will be obtained (including current risk assessment) and the patient will be informed of the outcome of their health fund check
- 5** **Intake clinician will discuss with referrer**  
Suitability of referral according to entry criteria of program Patient's health insurance status
- 6** **If admission criteria is met and Psychiatrist is willing to admit:**  
Patient will be contacted to arrange admission time. Referring doctor will be notified of patient's admission date and their treating psychiatrist.  
**Following patient discharge, a nursing discharge and medical discharge summary will be sent to the referrer.**

# Obtaining an Outpatient appointment with a Psychiatrist

- 1** **Fax referral letter to 03 5348 0464 or 03 5248 4767**  
Attention - The Practice Manager  
**Address Referral to:** 'Dear Doctor' or the Psychiatrist of your choice.
- 2** **Referrals should include:**  
Patient's name | Address | Contact numbers | Provider number of referring doctor  
Date of Birth | Outline diagnosis | Current issues | Previous treatments | Current regime
- 3** **If you would like to discuss the Referral further**  
Phone the Geelong Psychiatry Practice on 5240 0777 or the Private Consulting Suites on 5240 0789.
- 4** **The allocated Consultant Psychiatrist's secretary**  
will contact the patient with the appointment details