

General Inpatient Program

Information for patients, carers, family and support persons



The Geelong
Clinic
by Healthscope

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Community
of Care



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The General Inpatient Program is available to patients admitted onto the general ward and therefore not in a specialist program. The program is aimed to assist people struggling with a variety of mental health conditions including, but not limited to anxiety, depression, PTSD, mood disorders, addictions and personality disorders.

About the program

This program includes comprehensive group sessions facilitated by a team of multidisciplinary team of allied health clinicians including occupational therapists, clinical psychologists, social workers, art therapists, nurses, music therapists and consumer consultants.

The program will deliver sessions that aim to:

- Reduce symptoms
- Increase motivation and enable participants to take charge of their mental health difficulties
- Introduce skills and coping strategies to manage at home
- Build community and social resources and improving self-esteem
- Participants are offered access to a variety of groups run daily.

After the program

Many group sessions offer an introduction to the therapies that underpin the day programs and specialty programs run at The Geelong Clinic.

On discharge you may be referred to one of the inpatient specialty programs, day programs and/or outreach services for further support.



Program Commencement

The General Inpatient Program is an ongoing program that can be accessed at any time.

Cost

All referrals are subject to a health fund check prior to admission to a program. We have agreements with Private Health Funds, DVA, Workcover and TAC. Self-funding is also an option.

Please call us to discuss any questions you may have in relation to cost.

Obtaining a Referral

A referral letter from your GP or psychiatrist is required for you to be admitted to The Geelong Clinic.

Your referral can be addressed to 'Dear Doctor' or to one of our accredited psychiatrists and faxed to Intake on **03 5240 0799**.

More information

We would be pleased to answer any questions that you may have. Please call us on **03 5240 0700**.